



EHS Parents:

In a continuing effort to ensure all EHS student athletes are provided the best sports medicine coverage available in the areas of pre-participation screenings, practice and game coverage, and post-injury recovery and rehabilitation assistance, Episcopal and Peak Performance Physical Therapy have joined together to further the relationship that has existed for many years. Fabian Roussel, a physical therapist and athletic trainer who is also a founding partner of Peak Performance, has assisted with covering events and treating EHS athletes for over 15 years.

Through a 'Partnership in Healthcare' arrangement beginning in August 2004, Peak Performance Physical Therapy will provide a nationally certified athletic trainer contracted exclusively to Episcopal. The goals of this program will be to assure quality and timely care, provide continuity between participation, injury, and rehab, and to enhance communication between the athletes, caregivers and coaches.

Kathy Ladner ATC, will be assigned to Episcopal. She has extensive experience as an athletic trainer in high school athletics and will be on campus daily. She will also be scheduled to attend most home events, as well as some away games. Kathy will provide emergency care, assess injuries, track injury statistics, act as liaison between the parents, school and medical staff, and assist in getting athletes quickly started on their way to recovery when an injury occurs. As an employee of Peak Performance, she can schedule athletes to be seen by a physical therapist or a physician either immediately or within 24 hours.

You, as a parent, will always have the option of using the clinic or physician of your choice. The arrangement with Peak Performance is simply to provide on-site, timely services so that injuries can be identified and cared for as quickly as possible so that the athlete will have the best possible opportunity to return to sport as quickly and safely as possible.

For more information on the services available, contact Myra Mansur, Kathy Ladner, ATC, or Fabian Roussel, PT, ATC.